

VT WIC Minimum Inventory Standard for Authorized Retail Vendors (Small Independents/Coops)

CATEGORY	QUANTITY	SIZE/CONTAINER	TYPE	TOTAL THIS CATEGORY
JUICE				Total 12 juice
	6, min 1 variety	64 oz fluid or 16 oz frozen	Any WIC approved, shelf stable or refrigerated juice	
	AND 6, min 1 variety	48 oz fluid or 11.5/12 oz frozen	Any WIC approved juice	
CEREAL				Total 8 cereal
	4 X 2 varieties whole grain	12 oz boxes, min weight	Any WIC approved whole grain cereal	
MILK				Total 11 milk
Low-fat	6	Gallons	Any WIC approved lowfat (1%), or skim (fat free) fluid milk	
Low-fat	AND 3	Half Gallons	Any WIC approved lowfat (1%), or skim (fat free) fluid milk	
Whole	AND 2	Half Gallons	Any WIC approved whole fluid milk	
YOGURT				Total 5 yogurt
Low-fat	3	32 oz tubs	Any WIC approved lowfat (1%), or skim (fat free) yogurt	
Whole	AND 2	32 oz tubs	Any WIC approved whole milk yogurt	
SOYMILK BEVERAGE				Total 6 soy beverage
	6	32 oz Shelf-stable or 64 oz Refrigerated	Any WIC approved fortified Soymilk Beverage	
TOFU				Total 6 tofu
	6	16 oz package	Any WIC approved tofu	
CHEESE				Total 4 pounds cheese
	4 lbs, min 2 varieties	8 oz and/or 16 oz blocks/bricks	Any WIC approved cheese	
EGGS				Total 3 dozen eggs
	3	dozen	Any WIC approved eggs	
BEANS, PEAS, LENTILS (LEGUMES)				Total 8 cans OR 4 bags legumes
	4 X 2 varieties	15-16 oz cans	Any WIC approved canned legumes	
	OR 2 X 2 varieties	1 pound bags	Any WIC approved dried legumes	

CATEGORY	QUANTITY	SIZE/CONTAINER	TYPE	TOTAL THIS CATEGORY
PEANUT BUTTER				Total 3 jars PB
	3	16-18 ounce jars	Any WIC approved peanut butter	
TUNA OR SALMON				Total 6 cans fish
	6	5 oz cans	Any WIC approved canned fish	
WHOLE GRAINS				Total 6 whole grain item (2 items per 3 options)
Must carry at least 3 of these 4 whole grain options.				
Bread	2	16 oz loaves	Any WIC approved bread	
Brown Rice	2	1 lb box/bag	Any WIC approved brown rice	
Tortillas	2	16 oz package	Any WIC approved tortillas	
Pasta	2	1 lb box/bag	Any WIC approved pasta	
FRUITS				
Fresh	4 varieties	fresh	Any WIC approved fresh fruits	Total any quantity of 4 varieties fruits
Canned / frozen	4 varieties	canned or frozen	Any WIC approved canned/frozen fruits	Total any quantity of 4 varieties fruits
VEGETABLES				
Fresh	4 varieties	fresh	Any WIC approved fresh veggies	Total any quantity of 4 varieties veggies
Canned / frozen	4 varieties	canned or frozen	Any WIC approved canned/frozen veggies	Total any quantity of 4 varieties veggies
INFANT FORMULA				Total 6 cans formula
	6	cans	Abbott Similac Advance Powder 12.4 oz can	
INFANT FRUITS				Total 24 jars fruits
	24, min 2 varieties	4 oz jars	2 varieties WIC approved infant fruits	
INFANT VEGETABLES				Total 24 jars veggies
	24, min 2 varieties	4 oz jars	2 varieties WIC approved infant vegetables	
INFANT MEATS				Total 16 jars meats
	16, min 2 varieties	2.5 oz jars	2 varieties WIC approved infant meats	
INFANT CEREAL				Total 2 boxes cereal
	2	8 oz boxes	Any WIC Approved infant cereal	