

ST. JOHNSBURY HEALTH DISTRICT – 2013-2014 BRFSS DATA

Health Status Indicators

	St. Johnsbury		Vermont
	Estimated Adults**	%	%
General Health Status is Fair or Poor	3,000	14%	12%
Have Personal Health Care Provider	21,000	89%	87%
Have Health Insurance, Ages 18-64	16,000	91%	92%
Did Not Visit Doctor Due to Cost, in Last Year	3,000	12%	9%
Poor Physical Health ^D	3,000	11%	10%
Poor Mental Health ^D	2,000	10%	10%
Disabled ^D	6,000	24%	24%

Preventative Behaviors and Health Screening

	St. Johnsbury		Vermont
	Estimated Adults**	%	%
Flu Shot in the Last Year, Ages 65+	4,000	64%	63%
Pneumococcal Vaccine, Ever, Ages 65+	4,000	72%	72%
Routine Doctor Visit, in Last Year	17,000	72%	68%
Dental Visit in Last Year*	16,000	63%	72%
Any Teeth Extracted, Ages 45-64	5,000	56%	49%
Cholesterol Screened, in Last Five Years*	18,000	72%	76%
Ever Tested for HIV	6,000	27%	31%
2+ Daily Fruit Servings*	8,000	31%	35%
3+ Daily Vegetable Servings*	4,000	18%	18%
5+ Daily Fruit & Vegetable Servings*	4,000	18%	21%
Met Physical Activity Recommendations ^D	14,000	55%	59%
Met Strength Building Recommendations ^D	6,000	25%	30%
Use Community Resources for Physical Activity	12,000	46%	58%
Breast Cancer Screening, Women 50-74 ^D	4,000	81%	79%
Cervical Cancer Screening, Women 21-65 ^D	7,000	87%	86%
Colorectal Cancer Screening, Ages 50-75 ^D	8,000	73%	71%

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Risk Behaviors

	St. Johnsbury		Vermont
	Estimated Adults**	%	%
Adverse Childhood Experiences (ACE), Four or More ^D	4,000	18%	14%
Binge Drinking, in Last Month ^D	4,000	17%	18%
Heavy Drinking, in Last Month ^D	2,000	7%	9%
Marijuana Use, in Last Month	1,000	6%	7%
Prescription Drug Misuse, Ever ^D	2,000	7%	6%
Smoke Cigarettes, Currently*	4,000	19%	18%
Made Quit Attempt in Last Year*	2,000	66%	59%
Use Smokeless Tobacco, Currently	1,000	5%	3%
No Leisure Time Physical Activity*	5,000	22%	18%
Seldom or Never Use Seatbelt	1,000	4%	4%

Disease Prevalence

	St. Johnsbury		Vermont
	Estimated Adults**	%	%
Arthritis, Ever Diagnosed	8,000	32%	28%
Asthma, Current Diagnosis	2,000	9%	11%
Cancer Diagnosis, Ever			
Skin Cancer	1,000	5%	6%
Non-Skin Cancer	2,000	7%	7%
High Cholesterol, Ever Diagnosed	7,000	38%	35%
Chronic Obstructive Pulmonary Disease, Ever Diagnosed	1,000	5%	6%
Cardiovascular Disease, Ever Diagnosed ^D	2,000	10%	7%
Depressive Disorder, Ever Diagnosed	5,000	22%	22%
Diabetes, Ever Diagnosed	2,000	9%	8%
Hypertension, Ever Diagnosed*	7,000	24%	27%
Overweight, Ages 20+*	9,000	37%	36%
Obese, Ages 20+*	7,000	31%	25%

