



# Viral Hepatitis

## Resource Guide



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## ***Introduction***

This guide is designed for people searching for testing, care, or treatment for hepatitis B or C. It contains information about viral hepatitis and some of the options for testing, care, and treatment. The bulk of the guide is contact information for healthcare providers who can offer testing for hepatitis C, vaccination for hepatitis A & B, and care or treatment for hepatitis B or C. These providers were surveyed and have agreed to have their information included in the guide. The information is current as of May 2011.

## ***The liver***

- The liver is the body's largest internal organ. It is the size of a football and weighs about three pounds.
- The liver has over 500 functions in the body including:
  - It is the main filter of the body. Anything that you eat, breathe, or drink is filtered by your liver.
  - It converts nutrients into energy.
  - It is a storage place for nutrients such as glucose, vitamins, minerals, and iron.
  - It can break down substances that are toxic to the body. These substances include alcohol, drugs, heavy metals, bacteria, and viruses.
- Perhaps the most amazing trait the liver has is the ability to regenerate.

## ***What is hepatitis?***

Hepatitis means inflammation or swelling of the liver. Many things can cause liver swelling including alcohol, some medications including acetaminophen, excess body fat, and some viruses.

Long term liver swelling can lead to scarring (or cirrhosis) of the liver, meaning the liver will not be able to filter as well. Liver cirrhosis can lead to a build up of toxins in the body, and sometimes to liver cancer.

Hepatitis A, B, and C are three common viruses that can cause liver swelling and liver damage. They are spread in different ways and have different impacts on the body.

## **Hepatitis A**

### ***What is hepatitis A?***

Hepatitis A is a virus that can cause short term illness, usually lasting 1-3 months. Symptoms may include nausea, diarrhea, stomach pain, jaundice, and vomiting. Once a person has had hepatitis A virus and has recovered they are protected and will not become sick from hepatitis A again.

Hepatitis A can be transmitted through feces (or poop) from someone who is infected with the virus. You can get hepatitis A through contact with feces, unsanitary food preparation, contaminated water or shell fish, changing diapers, or oral-anal contact (rimming).

### ***How can I prevent hepatitis A?***

Hepatitis A can be prevented by a vaccine. The vaccine is recommended for specific groups of people. These include:

- Anyone who doesn't want to get hepatitis A
- People who work at daycare centers
- Travelers to countries where hepatitis A is common
- Men who have sex with men
- Injection drug users

The hepatitis A vaccine is available from most healthcare providers and at the District Offices of the Vermont Department of Health.

Other ways to prevent hepatitis A include practicing good hygiene especially when dealing with fecal matter. This includes washing your hands after using the bathroom, before preparing food, and after changing diapers.

### ***How is hepatitis A treated?***

There is no medication needed to treat hepatitis A. The best treatment is to get plenty of rest while you feel ill. Strict personal hygiene practices are important for to as prevent spreading hepatitis A.

The infected person should not prepare food at that time. All contacts of the infected person should be notified so they can receive vaccination for hepatitis A, or be tested for the virus.

### ***Web Resources: Hepatitis A:***

- *Centers for Disease Control and Prevention:*  
<http://www.cdc.gov/hepatitis/Choosea.htm>
- *American Liver Foundation:*  
<http://www.liverfoundation.org/abouttheliver/info/hepatitisa/>

## **Hepatitis B**

### ***What is hepatitis B?***

Hepatitis B is a virus that can cause inflammation, or swelling, of the liver and may lead to liver cancer. It can be a short term (acute) infection or a long term (chronic) infection. Chronic infection can lead to cirrhosis or liver cancer over many years.

### ***How is it transmitted?***

Hepatitis B is transmitted via blood or body fluids (semen, vaginal fluid, and breast milk). It is 100 times more infectious than HIV, and is transmitted in similar ways.

Hepatitis B can be spread through:

- Sexual contact
- Sharing needles or other injection equipment
- From mother to child during birth
- Sharing personal care items such as nail clippers, toothbrushes, tweezers, and razors
- Healthcare settings, including dialysis centers
- Unsafe tattooing

Hepatitis B is not transmitted through casual contact.

### ***How can it be prevented?***

Hepatitis B can be prevented with a vaccine. This vaccine is recommended for everyone because the virus is easily spread and the infection can cause cancer. The vaccine is given in three doses. The vaccine provides long-term immunity against hepatitis B virus. It is available through primary care providers as well as local health departments, including those in Vermont.

### ***Who is at risk for hepatitis B?***

- Sexual partners of people with hepatitis B
- Individuals with multiple sex partners
- Someone who has ever been diagnosed with a sexually transmitted disease
- Injection drug users
- Children born to mothers with hepatitis B
- Individuals living with someone who has chronic hepatitis B infection
- Health care workers who come in contact with hepatitis B infected blood
- Hemo-dialysis patients
- People with diabetes, who may be exposed to blood through glucose monitoring
- People who come from or have visited countries where many people are infected with hepatitis B, especially Asia and sub-Saharan Africa

### ***What are the symptoms of hepatitis B?***

Acute hepatitis B may not show any symptoms until three months after the time of infection or it may never show symptoms. When symptoms are present they may include appetite loss, fatigue, low-grade fever, muscle and joint aches, nausea and/or vomiting, pale colored stools, dark urine, and/or jaundice (yellowing of the skin or whites of the eyes).

Chronic infection may have no symptoms or may cause severe inflammation of the liver. Over many years this may lead to cirrhosis or liver cancer.

### ***Are there tests that can tell me if I have hepatitis B?***

There are blood tests that can determine if you have hepatitis B. The tests will be able to distinguish if you have recently been exposed, if you have a long-term illness, or if you have been vaccinated for the virus.

### ***How is hepatitis B treated?***

There is no specific treatment for acute hepatitis B. The recommended care is bed rest, drinking lots of fluids, eating a healthy diet, and avoiding alcohol. Once a confirmed hepatitis B infection is diagnosed, vaccination for hepatitis A is highly recommended. It is important to see a doctor regularly during the time of infection to be sure your body is in the process of recovery. Most people clear the virus after six months.

Chronic hepatitis B is treated according to the symptoms present and the health of the liver. It is very important to see a doctor or liver specialist regularly if you have chronic hepatitis B.

There are some medications which do not cure the virus, but may limit the damage to your liver and lower the chance of liver scarring or liver cancer. The medications must be monitored by a doctor because of their side effects.

### ***What should I do to stay healthy if I have hepatitis B?***

- Avoid alcohol and smoking as well as acetaminophen, and other medications that include acetaminophen, as they can be hard on the liver.
- Talk to your provider before using any prescription, over the counter medication, or herbal remedy.
- Be sure to eat a well-balanced diet that is low-fat and includes plenty of fruits and vegetables.
- Avoid eating raw shellfish as they may contain bacteria and viruses that are harmful to the liver including hepatitis A virus.

- If you have hepatitis B you should also get the vaccine against hepatitis A. If you get more than one kind of hepatitis at once it can be very bad for your liver, and increase your chance of liver damage and liver cancer.

### ***Pregnancy and hepatitis B***

Pregnant women are tested for hepatitis B during prenatal care. This is very important because a woman who has hepatitis B can pass it to her baby during birth.

If a woman tests positive for hepatitis B during her pregnancy, the local District Office of the Vermont Department of Health will be notified, as will the Perinatal Hepatitis B Coordinator. They will help make sure that the woman and her baby receive the proper education, medication, and vaccination to prevent the spread of hepatitis B during the birth.

There are medications that can keep babies from getting hepatitis during birth if their mother has the virus. Within 12 hours after birth the baby will receive a shot of a medication called Hepatitis B Immunoglobulin (HBIG) and the first shot of the hepatitis B vaccine series. These will help the baby fight off the hepatitis B virus and prevent this infection. The baby will receive the other two shots of the vaccine series at one month and six months after birth.

### ***Web Resources: Hepatitis B:***

- *American Liver Foundation:*  
<http://www.liverfoundation.org/abouttheliver/info/hepatitisb/>
- *American Liver Foundation: Information Sheets & Pamphlets:*  
<http://www.liverfoundation.org/education/downloads/>
- *Center for Disease Control: Hepatitis B:* <http://www.cdc.gov/hepatitis/B/index.htm>
- *Center for Disease Control: Hepatitis Flyers and Posters:*  
<http://wwwn.cdc.gov/pubs/hepa.aspx#F>
- *Hepatitis B Advocate:* <http://hbvadvocate.org/>
- *Hepatitis B Foundation:* <http://www.hepb.org/>
- *Hepatitis B Foundation: Living with Hepatitis B:* <http://www.hepb.org/learnguide/>
- *Hepatitis Foundation International:* <http://www.hepfi.org/>
- *Immunization Action Coalition: Testing & Vaccinations:*  
<http://www.immunize.org/hepatitis-b/>
- *Know Hepatitis:* <http://www.knowhepatitis.org/>

## **Hepatitis C:**

### ***What is hepatitis C?***

Hepatitis C is a virus that can cause inflammation of the liver. It can cause a lifelong liver infection that may lead to liver cirrhosis, and in 1-5% of people, liver cancer. Unlike Hepatitis A and B, there is no vaccine for hepatitis C.

In the US, it is estimated that 2% of the population has hepatitis C. This means that in Vermont about 12,000 people likely have the virus. It is the most common blood-borne infection in the US and is the most common reason for liver transplants.

Not everyone who has hepatitis C will become ill from the disease. According to the Department of Veterans Affairs website estimates suggest that:

“For every 100 people infected with hepatitis C:

15 people get rid of the virus through their own immune system.

85 will develop chronic, or long-term, infection.

Of these 85 people:

66 will get only minor liver damage.

17 will develop cirrhosis and may have symptoms of advanced liver disease.

2 will develop liver cancer.”

### ***How is hepatitis C transmitted? Who is at risk?***

Hepatitis C is spread by blood to blood contact only. Hepatitis C is not transmitted through saliva, vomit, tears, semen, or vaginal fluid.

Activities that put you at risk for hepatitis C include:

- Sharing of needles, syringes, straws, and other drug paraphernalia with other people who have hepatitis C. If you ever shared syringes or drug paraphernalia you may have acquired hepatitis C.
- Receiving blood, blood products, or organs from a donor whose blood contains the hepatitis C virus. This is only a concern with blood or organ donation prior to July 1992.
- Receiving long term kidney dialysis, since there is a risk of unknowingly sharing supplies with someone else's blood.
- Having contact with blood on the job as a healthcare worker, especially accidental needle sticks.
- Children born to mothers with hepatitis C have a 4% chance of acquiring the infection during birth.

- Sharing personal care items with someone who is infected with hepatitis C. These include razors, tweezers, toothbrushes, nail clippers, or any other item that might have blood on it.
- Having sex with someone who has hepatitis C carries some risk. In long term heterosexual couples, the risk of transmitting hepatitis C from one partner to the other is about 5%. Some activities may increase the risk of sexual transmission, including rough sex, sex during menstruation, anal sex, the presence of STDs, or sex with multiple partners.

### ***Who should be tested for hepatitis C?***

The Centers for Disease Control and Prevention recommends that these groups consider being tested for hepatitis C:

- Persons who ever injected illegal drugs, including those who injected once or a few times many years ago
- Persons who received a blood transfusion or organ transplant before July 1992
- Persons who received clotting factor concentrates before 1987
- Persons who were ever on long-term dialysis
- Children born to hepatitis C-positive women
- Health care, emergency medical, and public safety workers after needle sticks, sharps, or mucosal exposures to hepatitis C-positive blood
- Persons with evidence of chronic liver disease

### ***How can hepatitis C be prevented?***

There is no vaccine to prevent hepatitis C, so it is important to know how to protect yourself or others from the virus.

*Activities to prevent transmission of hepatitis C:*

- Do not inject drugs; if you do inject drugs never share needles, syringes, water, "works," or other drug paraphernalia. These can be contaminated with small amounts of blood that can transmit hepatitis C.
- Learn more about accessing clean needles in Vermont, [http://healthvermont.gov/prevent/hepatitis\\_c/clean\\_needles.aspx](http://healthvermont.gov/prevent/hepatitis_c/clean_needles.aspx)
- Do not share personal care items that might have blood on them (razors, toothbrushes, nail clippers, and tweezers are some examples).
- If you are a health care or public safety worker, always follow routine barrier precautions and safely handle needles and other sharps; get vaccinated against hepatitis B.
- Consider the risks if you are thinking about getting a tattoo or body piercing. You might get infected if the tools have someone else's blood on them or if the artist or piercer does not follow proper health procedures. If you get a tattoo, go to a professional. It is important to verify the establishment's licensure before getting a tattoo or piercing.
- Hepatitis C can be spread by sex, but this is rare. If you don't know whether your partner has hepatitis C, use a condom, and get vaccinated for hepatitis B.

- If you are hepatitis C positive, do not donate blood, organs, or tissue.

### ***What are the symptoms of hepatitis C?***

You can have hepatitis C for decades without knowing it and you may not have any symptoms. The liver is a “non-complaining” organ, meaning that it does not have pain sensation, so it is difficult to know if your liver is sick or healthy.

Hepatitis C virus is detectable in the blood within one to three weeks after exposure. If you are involved in any at-risk activities, you should get tested to find out whether you have the virus. However, it may take one to three months for the hepatitis C antibody to be detectable.

Acute hepatitis C refers to the first six months after contracting the infection. Most people are asymptomatic during this phase. If people do have symptoms they can include decreased appetite, fatigue, abdominal pain, jaundice, itching, and flu-like symptoms. About 15-25% of people manage to get rid of the virus in their body during this period. The remaining 75-85% go on to have chronic, or life-long, infection.

Chronic hepatitis C is the stage of the virus after six months of infection. The infection is asymptomatic most of the time. If symptoms present they may include: fatigue, flu-like symptoms, joint pains, itching, sleep disturbances, appetite changes, nausea, and depression. Inflammation of the liver may occur, but only a small percentage of people progress to full cirrhosis or liver cancer.

Chronic hepatitis C may progress to advanced liver disease or liver cirrhosis (scarring of the liver) over many years or even decades. At this time more serious symptoms may appear that are caused by decreased function of the liver. These symptoms include ascites (accumulation of fluid in the abdomen), bruising and bleeding tendency, varices (enlarged veins especially in the stomach and esophagus), and jaundice.

### ***Is there a test that will tell me if I have hepatitis C?***

If you think you have been exposed to hepatitis C you should ask your healthcare provider for a hepatitis C antibody test. A positive result for the hepatitis C antibody test means that you have been exposed to the virus. 20% of people who have been exposed to the virus clear it from their body on their own, meaning that they do not have an active infection, although they have been exposed to the virus at one point.

If you have a positive hepatitis C antibody test, you should ask your healthcare provider to do a viral load test, aka PCR. If this is positive, you might be referred to a gastroenterologist, hepatologist, or infectious disease doctor who could help figure out care and treatment options.

If you have chronic hepatitis C infection, a doctor may do a liver enzyme test, or a liver biopsy to get a better idea of how your liver is functioning and what care and treatment

options should be considered. You may also have a genotype test to determine how well you will respond to treatment. There are six genotypes, and some respond better to treatment than others.

### ***How to take care of yourself if you have hepatitis C:***

If you have hepatitis C there are lots of things you can do to take care of yourself to stay healthy and reduce your chances of progressing to liver cirrhosis or liver cancer.

***Having hepatitis C is not a death sentence.*** Being hepatitis C positive does not mean that you will immediately develop living scarring or liver cancer. It can take decades to become seriously ill from hepatitis C.

Some ways to stay healthy after a hepatitis C diagnosis include:

- Drink lots of water. Water helps your liver filter toxins.
- Eat healthy and stay in shape. Being overweight or obese can be hard for you liver.
- Get vaccinated for hepatitis A and B. If you have hepatitis C, it is very dangerous if you also get hepatitis A or B. Having more than one kind of hepatitis at once is very hard for your liver and can cause your liver to fail much more quickly.
- Quit drinking alcohol. On its own, alcohol is damaging to the liver and cause liver inflammation and liver scarring. Alcohol helps the hepatitis C virus replicate itself in the liver and it greatly increases potential damage to the liver. If it's not possible to eliminate alcohol, then reduce your alcohol intake as much as possible.
- Limit your acetaminophen intake. Acetaminophen is much more damaging for the liver than other over the counter painkillers. It is often combined with other drugs, so it's important to read labels carefully. Check with your doctor about what drugs are safer for your liver.
- Avoid taking mega vitamins of vitamin E and Iron. If your liver isn't functioning well, these vitamins can build up in your system and be dangerous.
- Limit how much red meat and other proteins that you eat.

### ***Hepatitis C treatment options***

Not everyone with hepatitis C needs treatment. However, everyone with hepatitis C should work with doctor to make sure they stay as healthy as they can.

Current standard treatment is a combination of pegylated interferon and ribavirin for 24-48 weeks. Interferon is a protein that your body makes naturally to fight infection. The drug is a synthetic version of this protein. It is administered as a shot and will help your body fight the infection.

As of May 2011, there are new treatments available for people with hepatitis C genotype 1. These include Boceprevir and Telaprevir, two treatments that had higher response rates and were effective over shorter time periods.

The treatment may be physically demanding as it has serious side effects. These include flu-like symptoms, fatigue, hair-loss, anemia, depression, and other symptoms.

Treatment success rates range from 50-85% depending on the genotype of the virus, and the individual in treatment. Factors that lower the chance of success of treatment include: having HIV co-infection, having advanced fibrosis or cirrhosis of the liver, or having a high hepatitis C viral load.

If you have hepatitis C and are considering treatment, talk to your doctor about whether you should seek treatment right away, or whether waiting for improved treatments is an option.

### ***Pregnancy and hepatitis C***

Any pregnant woman who is at risk for hepatitis C should get an antibody test. There is no preventive treatment for infants born to hepatitis C positive mothers. Pregnant women should not be treated for hepatitis C until the baby is born because of the risk birth defects from the medications. Following birth the infant should be tested for the hepatitis C antibody. There is a good chance that the baby may lose this antibody by the time they are 18 months old so it is recommended to wait for 18 months after birth before testing.

If the mother is hepatitis C positive she should make sure her nipples are not cracked or bleeding when breastfeeding to avoid transmission. Women should not breastfeed during hepatitis C treatment.

### ***Web Resources: Hepatitis C***

For more information about hepatitis C, visit these websites or call the Vermont Department of Health, 802-951-4065.

- American Liver Foundation: <http://www.liverfoundation.org/>
- Centers for Disease Control and Prevention:  
<http://www.cdcnpin.org/scripts/hepatitis/index.asp>
- Caring Ambassadors Program, Hep C Challenge: <http://www.hepcchallenge.org/>  
Has DVD and book available for information on care and treatment
- CDC Division of Viral Hepatitis: <http://www.cdc.gov/hepatitis/>
- Department of Veterans Affairs: Hepatitis:  
<http://www.hepatitis.va.gov/patient/index.asp>
- Hepatitis Serology Tests (CDC):

<http://www.cdc.gov/hepatitis/Resources/Professionals/Training/Serology/training.htm#one>

- Hepatitis C Advocate: [www.hcvadvocate.org](http://www.hcvadvocate.org)
- Hep C Connection: <http://www.hepc-connection.org/>  
Also has a hotline for questions, 1-800-522-HEPC (4372)
- Hepatitis Foundation International: <http://www.hepfi.org/>
- Know Hepatitis: <http://www.knowhepatitis.org/>
- University of Washington Viral Hepatitis Web-study  
<http://depts.washington.edu/hepstudy/index.html>

## **Providers**

### ***Bennington County***

#### **Dr. Ronald Mensh**

Southwestern Vermont Health Care  
Gastroenterology, 140 Hospital Dr.  
Bennington, VT 05207  
P: (802) 447-1536  
F: (802) 447-0996

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis C Medical Care

Hepatitis C Services:

- Provide treatment options for Hepatitis C: Must be abstinent from drug and alcohol use at time of treatment
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Office is wheel chair accessible

### ***Caledonia County***

#### **Dr. Sarah Morgan**

Family Medicine  
Hardwick Health Center  
4 Slapp Hill Rd  
Hardwick, VT 05843  
P: (802) 472-3300  
F: (802) 472 -8277  
[www.nchcvt.org/hhc.htm](http://www.nchcvt.org/hhc.htm)

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- HIV Testing

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Languages: English & Spanish
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

**Dr. John Ajamie, Dr. Michael Cooper, Dr. Dana Kraus, Diane Matthews NP, Carey Brodzinski NP, Cathleen Bresch NP**

St. Johnsbury Family Health

185 Sherman Dr.

St. Johnsbury, VT 05819

P: (802) 748-5041

F: (802) 748-5094

Northern counties website

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Mental Health Services – Behavioral Health
- HIV Testing
- Patients referred out to DHMC or FAHC

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchanges or other programs

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

**Dr. Sharon Fine**

Family Practice

Danville Health Center

PO Box 185, 26 Cedar Lane

Danville, VT 05828

P: (802) 684-2275

F: (802) 684-3839

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting hepatitis C through shared needles
- Refer IV drug users to needle exchange

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

**Dr. Timothy H. Tanner**

Internal Medicine, Pediatrics  
Danville Health Center  
PO Box 185, 26 Cedar Lane  
Danville, VT 05828  
P: (802) 684-2275  
F: (802) 684-3839  
timt@nchcvt.org

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care at generalist level
- Hepatitis B Medical Care at generalist level
- Hepatitis C Medical Care at generalist level
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Mental Health Services
- HIV Testing

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Sliding scale
- Office is wheel chair accessible

## ***Chittenden County***

### **Dr. Patricia Fisher (Medical Director)**

Family Medicine  
Community Health Center of Burlington  
617 Riverside Ave  
Burlington, VT 05401  
P: (802) 864-6309  
F: (802) 860-4324  
chcb.org  
pfisher@chcb.org

### *Accepting New Patients*

#### Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- HIV Testing
- Hepatitis C Nutrition Counseling – Coming summer 2011
- Other Additional Services: counseling, pain groups, substance abuse counseling

#### Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange
  - Clark Street, Synergy, Methadone Clinic

#### Practice Information:

- All languages
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

**Annika Hawkins, FNP**

Family Practice

Pearl Street Youth Clinic of Community Health Center of Burlington

179 Pearl Street

Burlington, VT 05401

P: (802) 652-1080

F: (802) 860-6263

ahawkins@chcb.org

www.chcb.org

*Accepting new patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Hepatitis A Medical Care
- Hepatitis B & C Medical Care with referral to GI
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- Hepatitis C Nutrition Counseling
- HIV Testing
- Refer HIV Medical Care to Comprehensive Care Clinic

Hepatitis C Services:

- Refer treatment options for hepatitis C to Fletcher Allen Health Center
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues with patients
- Discuss harm reduction with patients
- Address alcohol, tobacco, and drug use with patients
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use intravenous drugs to needle exchange or other programs
  - Safe Recovery, IOP, Inpatient rehab

Practice Information:

- All languages with phone interpretation
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding scale
- Office is wheel chair accessible

**Fletcher Allen Health Care Specialists**  
**111 Colchester Ave.**  
**Burlington, VT 05401**

**Dr. W. Kemper Alston**

Infectious Disease

P: (802) 847-4594

F: (802) 847-5322

*Accepting new patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Serves Undocumented Patients
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Provide treatment options for Hepatitis C
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange

Practice Information:

- Accept Medicaid or Medicare
- Office is wheel chair accessible

**Dr. Christopher J. Grace**

Infectious Disease

Smith 275

P: (802) 847-4836

F: (802) 847-5322

Christopher.grace@vtmednet.org

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Provide treatment options for hepatitis C: Require abstinence from alcohol prior to treatment:
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchange or other programs

Practice Information:

- Accept Medicaid or Medicare
- Sliding Scale
- Office is wheel chair accessible

**Deborah Kutzko, FNP**

Infectious Disease

Comprehensive Care Clinic

P: (802) 847-4554

F: (802) 847-9783

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination

- Serves Undocumented Patients
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Provide treatment options for hepatitis C: Base decision on treatment with patient
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchange or other programs

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

**Dr. Edward Krawitt**

Hepatology

P: (802) 847-8215

F: (802) 847-4622

*Not accepting New Patients*

*New patients go to infectious disease or gastrointestinal*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Prevention Education/Other Support services
- Serve as nutritionist, social worker, mental health worker, educator

Hepatitis C Services:

- Provide treatment options for Hepatitis C: Prefer 3-6 months of abstinence from intravenous drugs & alcohol before services begin
- Discuss depression/mental health issues
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange or other programs: Safe Recovery in Burlington, VT

Practice Information:

- Tele-interpreter for any language

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding scale
- Office is wheel chair accessible

**Dr. Steven Lidofsky**

Gastrointestinal/ Hepatology  
 Fletcher Allen Digestive Disease  
 111 Colchester Ave  
 Burlington, VT 05401  
 P: (802) 847-8865

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Prevention Education/Other Support Services

Hepatitis C Services:

- Provide treatment options for Hepatitis C: Require patients to be abstinent from drugs for at least 6 months prior to treatment
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare

***Essex County***

**Dr. Sarah Berrian**

Family Medicine  
 Concord Health Center  
 U.S. Route 2, PO Box 355  
 Concord, VT 05824  
 P: (802) 695-2512

*New PA in practice, is accepting new patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment

Hepatitis C Services:

- Refer treatment options for hepatitis C to DHMC
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues with patients
- Discuss harm reduction with patients
- Address alcohol, tobacco, and drug use with patients
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding scale
- Office is wheel chair accessible

**Dr. R. Primeau**

Internal Medicine & Pediatrics  
 Island Pond Health Center  
 80 Middle St.  
 Brighton, VT 05846  
 P: (802) 723-4300  
 F: (802) 723-4544

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- HIV Testing

- HIV Medical Care

Hepatitis C Services:

- Provide treatment options for hepatitis C
  - Require abstinence from both alcohol and IV drugs prior to treatment:  
Varies by patient
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

## ***Franklin County***

### **Dr. Pamela Pedersen**

Internal Medicine

St. Albans Health Center

48 L. Newton St.

St. Albans, VT 05478

P: (802) 524-4554

F: (802) 524-4501

ppedersen@richfordhealth.com

### *Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Prevention Education/Other Support Services
- Mental Health Services
- HIV Testing

Hepatitis C Services:

- Provide treatment options for Hepatitis C
  - Must be abstinent from drug and alcohol use at time of treatment
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchanges or other programs
  - Howard Center/NCSS

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

**Dr. Robert H. Zelazo**

Internal Medicine  
 Swanton Clinic  
 45 Church St.  
 Swanton, VT 05488  
 P: (802) 808-2454

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- HIV Testing

Hepatitis C Services:

- Refer treatment for Hepatitis C to Hepatitis/Gastroenterology
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Sliding Scale
- Office is wheel chair accessible

**Planned Parenthood – St. Albans**

80 Fairfield St.

St. Albans, VT 05478

P: (802) 527-1727

F: (802) 527-1729

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Prevention Education/Other Support Services
- Mental Health Services
- HIV Testing

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchanges or other programs:  
Northwest Counseling

Practice Information:

- Interpreters for any language
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

***Lamoille County***

**Dr. Melissa Volansky**

Stowe Family Practice

1878 Mountain Rd, Box 3

Stowe, VT 05672

P: (802) 253-4853

F: (802) 253-2587

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Mental Health Services
- HIV Testing

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

## ***Orange County***

**Dr. Kevin Connolly and Dr. Jessica Reynolds**

Internal Medicine, Family Practice

Little Rivers Healthcare-Bradford

437 South Main St. Bradford, VT 05033

P: (802) 222-9317

F: (802) 222-9276

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing

- Hepatitis A Vaccination
- Hepatitis B Vaccination
- HIV Testing

Hepatitis C Services:

- Provide treatment options for hepatitis C
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues with patients
- Discuss harm reduction with patients
- Address alcohol, tobacco, and drug use with patients
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use intravenous drugs to needle exchange or other programs

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding scale
- Office is wheel chair accessible

**Little Rivers Health Care**

10 Provider Family Practice  
Internal Medicine Group

Bradford  
437 South Main St.  
Bradford, VT 05033  
P: (802) 222-9317  
F: (802) 222-9276

Wells River  
65 S. Main St.  
Wells River, VT  
P: 802-757-2325

East Corinth  
720 Village Rd.  
East Corinth, VT  
P: 802-439-5321

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing

- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Serves Undocumented Patients
- Mental Health Services
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchanges or other programs

Practice Information:

- Languages: English, Spanish, Pidgin, French, German, Yupik
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

## ***Orange County***

**Dr. James Currie**

Internal Medicine/Infectious Disease

Gifford Medical Center

44 Main Street

Randolph, VT 05060

P: (802) 728-2428

F: (802) 728-2489

[jcurrie@giffordmed.org](mailto:jcurrie@giffordmed.org)

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination

- Hepatitis B Vaccination
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Provide treatment options for hepatitis C: Require 3-6 months of abstinence from both ethanol and IV drugs prior to treatment
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Office is wheel chair accessible

## ***Orleans County***

### **Barton Clinic**

#### **Rachael Pelletier, FNP**

Family Practice

488 Elm St

Barton, VT 05822

P: (802) 525-3539 F: (802) 525-3080

rpelletier@nchsi.org

#### *Accepting new patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Hepatitis A Medical Care
- Refer Hepatitis B/C Medical Care
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- Hepatitis C Nutrition Counseling
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Refer treatment options for hepatitis C
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues with patients
- Discuss harm reduction with patients
- Address alcohol, tobacco, and drug use with patients
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding scale
- Office is wheel chair accessible

## ***Orleans County***

### **Dr. Brent Tatum**

Internal Medicine

Border Health Center

159 Main St

Derby Line, VT 05830

P: (802) 873-3155

brenttatum@comcast.net

*Not Currently Accepting New Patients*

Viral Hepatitis Services: (through North Country Hospital)

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Serves Undocumented Patients
- Mental Health Services
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Provide Treatment option for hepatitis C
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues

- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange
- Tricounty Substance Abuse

Practice Information:  
 Accept Medicaid or Medicare  
 Office is wheel chair accessible

## ***Rutland County***

### **Planned Parenthood Rutland**

6 Roberts North  
 Rutland, VT 05701  
 P: (802) 775-2333  
 F: (802) 775-2044

*Accepting new patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis B Testing
- Hepatitis B Vaccination
- Prevention Education/Other Support Services
- HIV Testing

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange

Practice Information:

- Interpreters for any language
- Accept Medicaid or Medicare
- Sliding Scale
- Office is wheel chair accessible

## ***Rutland County***

### **Dr. Howard A. Weaver**

Rutland Regional Digestive Services  
 Gastro Regional

254 Stratton Rd  
Rutland, VT 05701  
P: (802) 786-1400  
F: (802) 786-1405

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Prevention Education/ Other Support Services
- HIV Testing

Hepatitis C Services:

- Provide treatment options for Hepatitis C: Must be abstinent from drug and alcohol use at time of treatment
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Office is wheel chair accessible

***Washington County***

**The Health Center**

**Dr. William Craig**

Family Medicine

157 Towne Ave PO Box 320

Plainfield, VT 05667

P: (802) 454-8336

F: (802) 454-8339

newcch@charter.net

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Substance Abuse/Drug Treatment
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- Hepatitis C Nutrition Counseling
- HIV Testing
- Other Additional Services

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange

Practice Information:

- Languages: English & Indonesian
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

## ***Windsor County***

### **Mt. Ascutney Physician's Practice**

289 County Road  
Windsor, VT 05089  
P: (802) 674-7300  
F: (802) 674-7314

### ***Accepting New Patients***

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing

- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Complementary/Alternative Medical Care
- Mental Health Services
- Hepatitis C Nutrition Counseling
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Languages: English & Spanish, Tele-interpreter service, Sign Language interpreter
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

***New Hampshire***

***Dartmouth Hitchcock Medical Center  
1 Medical Center Dr.  
Lebanon, NH 03756***

**Kristen Roy, NP**

Hepatology

P: (603) 650-6678 / (603) 650-5261

F: (603) 653-9460

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care

- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Serves Undocumented Patients
- Mental Health Services in different department
- HIV Testing in different department
- HIV Medical Care in different department
- Substance Abuse/Drug Treatment in different department

Hepatitis C Services:

- Provide Treatment option for hepatitis C
- Require patients be abstinent for 6 month prior to consideration to treatment
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer IV drug users to needle exchange
- VT Needle Exchange

Practice Information:

- Accept Medicaid or Medicare
- Office is wheel chair accessible

**Rolland Dickson**

Hepatology

P: (603) 650-5261

F: (603) 650-5525

*Accepting New Patients*

Viral Hepatitis Services:

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination

Hepatitis C Services:

- Provide treatment options for hepatitis C
- Require abstinence from drug and alcohol use prior to treatment

- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Office is wheel chair accessible

**Dr. Brian S. Berk**

Gastroenterology & Hepatology

P: (603) 650-6505

F: (603) 650- 5225

*Accepting New Patients*

Viral Hepatitis Services: (through North Country Hospital)

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Prevention Education/Other Support Services
- Hepatitis C Nutrition Counseling
- HIV Testing

Hepatitis C Services:

- Provide treatment options for hepatitis C
- Require 3 months of abstinence from both alcohol and IV drugs prior to treatment
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchange or other programs

Practice Information:

- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance

- Sliding Scale
- Office is wheel chair accessible

**Dr. Bryan Marsh**

Infectious Disease

P: (603) 650-6060

F: (603) 650-6110

*Accepting New Patients*

Viral Hepatitis Services: (through North Country Hospital)

- Hepatitis C Antibody Testing
- Hepatitis C Viral Testing
- Hepatitis B Testing
- Hepatitis A Medical Care
- Hepatitis B Medical Care
- Hepatitis C Medical Care
- Hepatitis A Vaccination
- Hepatitis B Vaccination
- Serves Undocumented Patients
- Prevention Education/Other Support Services
- Mental Health Services
- Hepatitis C Nutrition Counseling
- HIV Testing
- HIV Medical Care

Hepatitis C Services:

- Provide treatment options for hepatitis C
- Require abstinence from both alcohol and IV drugs prior to treatment:  
Idiosyncratic to the patient
- Offer Hepatitis A & B Vaccinations for adults with/at risk for Hepatitis C
- Discuss depression/mental health issues
- Address Harm Reduction
- Address alcohol, tobacco, and drug use
- Address risk of getting Hepatitis C through shared needles
- Refer patients who use IV drugs to needle exchange or other programs

Practice Information:

- All languages
- Accept Medicaid or Medicare
- Offer enrollment assistance for insurance
- Sliding Scale
- Office is wheel chair accessible

For more information please contact:

HIV/AIDS/STD/Hepatitis Program  
Vermont Department of Health  
108 Cherry St.  
PO Box 70 Drawer 41 IDEPI  
Burlington, VT 05402-0070

or call

802-951-4065 or 800-882-2437