

HEALTH EDUCATION**STATEMENT OF PURPOSE:**

All schools are required to provide comprehensive health education to K-12 students.

AUTHORIZATION/LEGAL REFERENCE:

16 V.S.A. Chapter 1 § 131 -Definitions

16 V.S.A. Chapter 1 § 131- Act 151: compression-only

Cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators

16 V.S.A. Chapter 1 § 135 -Program development

16 V.S.A. Chapter 1 § 134 -Religious exemption

16 V.S.A. Section 9 § 563a – Child abuse and reporting

16 V.S.A. Chapter 23 § 909 – Tobacco, alcohol and drug prevention education curriculum

16 V.S.A. Chapter 25 § 1165 - Act 51 Alcohol and drug abuse

<http://www.leg.state.vt.us/statutes/chapters.cfm?Title=16>

Vermont Sexual Violence Prevention Task Force (2010) - [Technical Assistance Resource Guide: For school communities K-12 incorporating sexual violence prevention into the health education curriculum \(Act One\). \(See Chap.1 § 131 \(11\)\).](#)

Vermont Standards Board for Professional Educators - [5440-31 Health Education \(Revised 3/20/13\)](#)

SUGGESTED SCHOOL NURSE ROLES:

The school nurse may, in collaboration with administrators, guidance personnel, nutritional services personnel, health educators and classroom teachers:

- Assist teachers with reference material, educational resources and curriculum planning.
- Provide teachers and students with nursing expertise when health related problems/questions arise.
- Assist agencies to coordinate community-based health education programs.
- Provide students with periodic in-class supplemental instructions and small group/one on one instruction.
 - However, teacher or VT certified health educator must remain to provide classroom management, student assessment and other teacher responsibilities.
- Provide faculty/school personnel with in-service education programs (e.g. drug and alcohol, nutrition, personal safety).
- Provide family/groups/community with education programs (e.g. drug and alcohol, adolescent development, personal safety programs).
- Potential physical activity suggested school nursing roles: discuss release to play, individualized fitness plans, concussion clearance, see W. Virginia - Role of the School Nurse in Obesity Prevention below.

RESOURCES:

American Cancer Society of Vermont - <http://www.cancer.org/>

American Heart Association - <http://www.americanheart.org>

American Lung Association of Vermont - <http://lungaction.org>

American Red Cross - <http://www.redcross.org/>

Center For Health & Learning - <http://www.healthandlearning.org/>

National Sexuality Education Standards Set the New Gold Standard for Sexuality Education in Public Schools: <http://www.futureofsexed.org/fosestandards.html>

Planned Parenthood of New England - *Education and Training*

<http://www.plannedparenthood.org/planned-parenthood-northern-new-england/local-education-training>

Vermont Agency of Education. *Vermont Health Education Guidelines for Curriculum and Assessment (2010)*

http://education.vermont.gov/documents/educ_health_ed_curriculum_guidelines.pdf

Vermont Agency of Education – *Health Education and Resource Center*

http://education.vermont.gov/new/html/pgm_health_ed/publications_resources/herc.html

HIV/AIDS Sample Model Policy http://education.vermont.gov/documents/model_hiv_0906.pdf

HIV Education <http://education.vermont.gov/hiv-prevention>

Vermont Department of Health – <http://healthvermont.gov/index.aspx>

West Virginia – *Role of the School Nurse in Obesity Prevention*

http://www.hsc.wvu.edu/som/hrc/pdfs/APHA_School_Nurse_poster_distr.pdf