

**CHAMPPS  
FY 2010**

Each grantee is working toward improving access to healthy foods and opportunities for physical activity for families with young children within their communities. Examples of the types of activities each grantee is working on to achieve this goal, and the towns they cover, is below.

**Essex CHIPS** **\$40,000.00**

**Towns covered: Essex Town, Westford**

Working with local school to offer "active recess" program that will help all students be physically active during recess time; working with farmers market to make EBT available; distributing community newsletters and articles related to healthy eating and physical activity opportunities and resources.

**Fit and Healthy Morrisville** **\$35,000**

**Towns covered: Morristown**

Conducting "walkability" studies of several popular routes in town to plan for future improvements; working with town officials to add a health article in their next town plan; working with health care providers to get all providers who work with pregnant women to prescribe walking and give women resources from their coalition of where to walk.

**Fit and Healthy Swanton** **\$38,435**

**Towns covered: Swanton**

Got their school snack cart to remove unhealthy food choices and display healthier options in a more attractive manner; successfully collaborated with the town Recreation Department to start a community garden, a partnership between the town, a local garden center, and families.

**Franklin Grand Isle United Way** **\$35,000.00**

**Towns covered: Enosburg**

Conducted community assessment and presented the results at a community forum. Partnering with the town to ensure physical activity is considered in a Brownfield redevelopment project. Developing an implementation plan.

**Green Mountain United Way** **\$40,000.00**

**Towns covered: Washington County**

Conducted community assessment and presented the results at a number of community forums. Raising awareness, building partnerships, developing an implementation plan.

**Health Connections of the Upper Valley** **\$35,000.00**

**Towns covered: Royalton, Sharon**

Conducted community assessment and presented the results at a number of community forums. Raising awareness, building partnerships, developing an implementation plan.

**Northeast Kingdom Community Action (NEKCA)** **\$40,000.00**

**Towns covered: Newport**

Partnering with the local food shelf to help them be able to accept produce from farmers and community gardens to improve access to healthy food for lower income population. Storage space and refrigeration were issues with this in the past.

**Ottauquechee Community Partnership (OCP)      \$35,000.00**

**Towns covered: Woodstock, Reading, Bridgewater**

Got “non-traditional” (non-health) partners together and implemented a walking school bus three times that garnered wide scale community support and increased visibility of their efforts; established farm to school programs in a number of area schools. One school, after the initiation of Farm to School committed to using only local food in their cafeteria. Working with community partners to offer a community event that combines trail walking and healthy eating.

**Rutland Area Physical Activity Coalition (RAPC)      \$67,082**

**Towns covered: Rutland**

Organize activities under three goals:

A) Promotion/Education - updated and published maps of walking and hiking trails in the area; did significant outreach, presenting at schools, community events, and a number of health fairs to affirm their presence in the community and share information about the importance of a physically active lifestyle and resources for being active.

B) Advocacy - developed sidewalk assessment tools and will work with Rutland United Neighborhoods to assess the “walkability” and safety of sidewalks; collaborating with the Rutland Regional Planning commission and Rutland Creative Economy Group on creating a multi use path in the region; have been successful in working local landowners to develop trails on private property.

C) Coordination - run a very successful county wide physical activity program called Walk Rutland that boasts 700 participants; local consultant for the Rutland Safe Routes to Schools program; run a number of bike safety programs in the schools as well as community.

**Windsor Area Community Partnership      \$40,000.00**

**Towns covered: Windsor, Hartland, Weathersfield, West Windsor**

Working with the Superintendent of schools to make changes related to implementing school wellness policies happen in all schools in the district rather than one at a time; have approached the town planner to begin discussions about CHAMPPS goals and determine how they can work together; have established a Farm to School project in three area schools.

**Winooski Coalition for a Safe and Peaceful Community (WCSPC) \$60,000.00**

**Towns covered: Winooski**

Offer a multi level approach, partnering with local agencies that reach Winooski residents from newborns to senior citizens; offering community “Lunch and Learn” events to raise awareness and offer resources; developed policies and procedures to support health and wellness within their organization and talking with partner organizations about their adopting similar policies from staff and clients who come in.