

Healthy Vermonters 2020 - Quick Reference

Healthy Vermonters 2020 Indicator

	2010	Baseline	Target	Data Source*	Geo**
ACCESS TO HEALTH SERVICES					
Percent of Vermonters with health insurance	92%	(2010)	100%	Census - ACS	(S/C/D/H)
Percent of adults age 18-64 with health insurance	88%	(2010)	100%	Census - ACS	(S/C/D/H)
Percent of children age 17 or younger with health insurance	98%	(2010)	100%	Census - ACS	(S/C/D/H)
Number of practicing Primary Care Provider FTEs – Physicians (MD and DO)	492.1	(2010)	541	Physician's Survey	(S/C/D/H)
Number of practicing Primary Care Provider FTEs – Physician Assistant	67.0	(2010)	80	Physician's Survey	(S/C/D/H)
Number of practicing Primary Care Provider FTEs – Nurse Practitioner	83	(2010)	100	AHEC Survey	(S)
Percent persons with insurance coverage for clinical preventative services	No baseline		None	None	
Percent of adults with a usual primary care provider	90%	(2010)	100%	BRFSS	(S/C/D/H)
Percent of all Vermonters with a specific source of ongoing care	No baseline		None	BRFSS	(S/C/D/H)
Percent of adults who cannot obtain care or delay care	9%	(2010)	5%	BRFSS	(S/C/D/H)
ARTHRITIS & OSTEOPOROSIS					
Percent of adults with diagnosed arthritis who have activity limitations	45%	(2009)	40%	BRFSS	(S/C/D/H)
Percent of adults with diagnosed arthritis who receive physical activity counseling	58%	(2003)	65%	BRFSS	(S)
Percent of adults with diagnosed arthritis who receive arthritis education	12%	(2003)	15%	BRFSS	(S)
Percent of adults age 50 and older with osteoporosis	12%	(2007)	10%	BRFSS	(S/C/D/H)
CANCER					
Overall cancer death rate per 100,000 people	168.9	(2009)	151.6	Vital Statistics	(S/C)
Percent of adult cancer survivors always or usually getting emotional support	83%	(2010)	90%	BRFSS	(S/C/D/H)
Percent of adult cancer survivors who report good to excellent general health	76%	(2010)	85%	BRFSS	(S/C/D/H)
Percent of woman age 21-65 receiving cervical cancer screening	89%	(2010)	95%	BRFSS	(S/C/D/H)
Percent of adults age 50-75 receiving colorectal cancer screening	71%	(2010)	80%	BRFSS	(S/C/D/H)
Percent of female adults age 50-74 receiving breast cancer screening	83%	(2010)	95%	BRFSS	(S/C/D/H)
Percent of male adults age 40 and older discussing PSA screening for prostate cancer with their health care provider	No baseline		None	BRFSS	(S/C/D/H)
DIABETES & CHRONIC KIDNEY DISEASE					
Rate of new cases of end-stage renal disease (ESRD) per million population	222.0	(2009)	200.0	US Renal Data System	(S/C)
Percent of adults with diagnosed diabetes with A1C < 7%	No baseline		None	None	
Percent of adults with diagnosed diabetes with controlled blood pressure	No baseline		None	None	
Percent of adults with diagnosed diabetes who had an annual dilated eye exam	51%	(2010)	60%	BRFSS	(S/C/D/H)
Percent of adults with diagnosed diabetes who had diabetes education	51%	(2010)	60%	BRFSS	(S/C/D/H)
EARLY CHILDHOOD SCREENING					
Percent of infants screened for Autism Spectrum Disorder and other developmental delays before 24 months of age	No baseline		None	Screening in Primary Care Survey	
Percent children with Autism Spectrum Disorder diagnosis with first evaluation by 36 months of age	No baseline		None	CSHN Data	
Percent of newborns screened for hearing loss by 1 month of age	95%	(2009)	100%	CHHS	(S/C)
Percent of newborns not passing screening, who have an audiologic evaluation by 3 months of age	48%	(2009)	55%	CHHS	(S)
Percent of infants with hearing loss who receive intervention services by 6 months of age	50%	(2010)	55%	CHHS	(S)
ENVIRONMENTAL HEALTH & FOOD SAFETY					
Percent of persons served by public water supplies that meet Safe Drinking Water Act standards	86%	(2010)	95%	DEC Water Supply Compliance Division	(S)
Percent of children age 1-5 who have elevated blood lead levels	0.6%	(2010)	0%	VT Lead Database	(S/C/D/H)
Elevated blood lead level from work exposure rate per 100,000 employed adults age 16 and older	10.3	(2009)	9.3	ABLES	(S)
Percent of households that install a radon mitigation system when they receive a high radon test result	34%	(2013)	55%	Post-radon testing mitigation	(S/C/D/H)
Percent of schools that have an indoor air quality management system	7%	(2010)	10%	VT Envision program	(S)
Percent of inspections that find critical food safety violations	43%	(2010)	35%	F&L Program Inspection	(S)
FAMILY PLANNING					
Percent of pregnancies that are planned	54%	(2008)	65%	PRAMS	(S)
Percent of adolescents in grades 9-12 who used contraception at most recent intercourse	84%	(2011)	95%	YRBS	(S/C/D/H)
Percent of female adolescents who receive education on STDs	No baseline		None	None	
Percent of male adolescents who receive education on STDs	No baseline		None	None	
HEART DISEASE & STROKE					
Coronary heart disease death rate per 100,000 people	111.7	(2009)	89.4	Vital Statistics	(S/C/D/H)
Stroke death rate per 100,000 people	29.3	(2009)	23.4	Vital Statistics	(S/C/D/H)
Percent of adults with hypertension	25%	(2009)	20%	BRFSS	(S/C/D/H)
Percent of children and adolescents with hypertension	No baseline		None	None	
Percent of adults with a cholesterol check in past 5 years	75%	(2009)	85%	BRFSS	(S/C/D/H)
HIV & STD					
Number of new HIV diagnoses among all persons	17	(2006-10)	5	HIV Surveillance	(S)
Percent of adults age 18-64 tested for HIV in past 12 months	5%	(2010)	10%	BRFSS	(S/C/D/H)
Percent of adolescents in grades 9-12 ever tested for HIV	11%	(2011)	15%	YRBS	(S/C/D/H)
Percent of condom use among sexually active adult females	41%	(2008)	45%	BRFSS	(S/C/D/H)
Percent of condom use among sexually active adult males	59%	(2008)	65%	BRFSS	(S/C/D/H)
Percent of condom use among sexually active adolescent females in grades 9-12	57%	(2011)	65%	YRBS	(S/C/D/H)
Percent of condom use among sexually active adolescent males in grades 9-12	65%	(2011)	75%	YRBS	(S/C/D/H)
Percent of females age 15-24 with Chlamydia infections	1.6%	(2010)	1.0%	STD Surveillance	(S)
IMMUNIZATION & INFECTIOUS DISEASE					
Percent of children age 19-35 months receiving recommended vaccines (4:3:1:4:3:1:4)	41%	(2010)	80%	NIS	(S)
Percent of kindergarteners with 2 or more MMR doses	91%	(2010-11)	95%	UMass School Health	(S)
Percent of adolescents age 13-17 with at least 1 Tdap booster	83%	(2010)	90%	NIS	(S)
Percent of adults age 65 and older who receive annual flu shot	71%	(2010)	90%	BRFSS	(S/C/D/H)
Percent of adults age 65 and older who ever had pneumococcal vaccine	73%	(2010)	90%	BRFSS	(S/C/D/H)
Percent of identified active TB case contacts with newly-diagnosed LTBI who started and then completed treatment	100%	(2006-10)	90%	NTIP	(S)
Infection ratio for central-line associated bloodstream infections	0.59	(2010-11)	0.15	NHSN	(S)

NOTES:

* Data Source abbreviations, please see Maps & Trends at: healthvermont.gov/hv2020

** Geo = geographies available for this indicator

(S/C/D/H) = (State/County/Health District/Hospital Service Area)

11/5/2015

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INJURY & VIOLENCE PREVENTION				
Nonfatal motor vehicle crash-related injury rate per 100,000 people	952.8 (2008)	785.8	VUHDDS	(S/C/D/H)
Fall-related death rate per 100,000 adults age 65 and older	120.3 (2009)	116.9	Vital Statistics	(S/C/D/H)
Emergency Department visits for self-harm rate per 100,000 people	155.5 (2009)	139.1	VUHDDS	(S/C/D/H)
MATERNAL & INFANT HEALTH				
Sudden, unexpected death rate for infants per 1,000 live births	0.69 (2005-09)	0.62	Vital Statistics	(S)
Percent of pregnant women who abstain from alcohol	88% (2008)	100%	PRAMS	(S)
Percent of pregnant women who abstain from smoking cigarettes	81% (2009)	90%	Vital Statistics	(S/C/D/H)
Percent of pregnant women who abstain from illicit drug use	95% (2009)	100%	PRAMS	(S)
Percent women delivering a live birth who discussed preconception health prior to pregnancy	29% (2008)	40%	PRAMS	(S)
Percent of women delivering a live birth who had a healthy weight prior to pregnancy	52% (2008)	65%	PRAMS	(S)
Percent of infants breastfed exclusively for six months	22% (2007)	40%	NIS	(S)
MENTAL HEALTH				
Rate of suicide per 100,000 Vermonters	13.0 (2009)	11.7	Vital Statistics	(S/C/D/H)
Percent of adolescents in grades 9-12 with a suicide attempt that required medical attention	1.6% (2009)	1.0%	YRBS	(S/C/D/H)
Percent of PCP visits for adults age 19 and older that include depression screening	No baseline	None	None	
Percent of PCP visits for adolescents that include depression screening	No baseline	None	None	
NUTRITION & WEIGHT STATUS				
Percent of adults age 20 and older who are obese	25% (2010)	20%	BRFSS	(S/C/D/H)
Percent of children age 2-5 (in WIC) who are obese	12% (2010)	10%	PedNSS/WIC	(S)
Percent of adolescents in grades 9-12 who are obese	11% (2011)	8%	YRBS	(S/C/D/H)
Percent of households with food insecurity	8% (2006)	5%	BRFSS	(S/C/D/H)
Percent of adults eating the daily recommended servings of fruit	38% (2009)	45%	BRFSS	(S/C/D/H)
Percent of adolescents in grades 9-12 eating the daily recommended servings of fruit	34% (2011)	40%	YRBS	(S/C/D/H)
Percent of adults eating the daily recommended servings of vegetables	30% (2009)	35%	BRFSS	(S/C/D/H)
Percent of adolescents in grades 9-12 eating the daily recommended servings of vegetables	16% (2011)	20%	YRBS	(S/C/D/H)
OLDER ADULTS				
Percent of older adults who use the Welcome to Medicare Benefit	No baseline	25%	None	
Percent of males age 65 and older who are up to date on a core set of clinical preventive services	50% (2010)	55%	BRFSS	(S/C/D/H)
Percent of females age 65 and older who are up to date on a core set of clinical preventive services	47% (2010)	55%	BRFSS	(S/C/D/H)
ORAL HEALTH				
Percent of children age 6-9 with dental decay	34% (2010)	30%	Children's BSS OH Survey	(S)
Percent of adults age 45-64 with tooth extraction	52% (2010)	45%	BRFSS	(S/C/D/H)
Percent of children in grades K-6 using dental system yearly	72% (2009-10)	80%	School Nurse Report	(S/D)
Percent of children in grades 7-12 using dental system yearly	58% (2009-10)	65%	School Nurse Report	(S/D)
Percent of adults using dental system yearly	74% (2010)	85%	BRFSS	(S/C/D/H)
Percent of population served by community public water systems that have optimally fluoridated water	57% (2010)	65%	WRFS	(S/C)
PHYSICAL ACTIVITY				
Percent of adults with no leisure time physical activity	17% (2010)	15%	BRFSS	(S/C/D/H)
Percent of adults meeting physical activity guidelines	59% (2009)	65%	BRFSS	(S/C/D/H)
Percent of adolescents in grades 9-12 meeting physical activity guidelines	25% (2011)	30%	YRBS	(S/C/D/H)
Percent of children age 2-5 with no more than 2 hours of television, videos, or video games	No baseline	None	PNSS/WIC	
Percent of children age 2-5 with no more than 2 hours of computer use	No baseline	None	PNSS/WIC	
Percent of adolescents in grades 9-12 with no more than 2 hours of screen time	63% (2011)	70%	YRBS	(S/C/D/H)
PUBLIC HEALTH PREPAREDNESS				
Time necessary to issue official information regarding a public health emergency	No baseline	60 min	PHEP - CDC PERFORMS	(S)
Time necessary to activate personnel for a public health emergency	66 min (2009)	60 min	PHEP - CDC PERFORMS	(S)
Percent of after-action reports and improvement plans that are drafted and submitted in 60 days or less following an emergency	80% (2012)	90%	PHEP - CDC PERFORMS	(S)
Proportion of crisis and emergency risk messages intended to protect the public's health that demonstrate the use of best practices	No baseline	None	None	
RESPIRATORY DISEASES				
Asthma hospitalization rate per 10,000 children age 4 or younger	19.0 (2009)	14.0	VUHDDS	(S/C/D/H)
Asthma hospitalization rate per 10,000 persons age 5-64	4.9 (2009)	4.2	VUHDDS	(S/C/D/H)
Asthma hospitalization rate per 10,000 adults age 65 and older	11.8 (2009)	9.3	VUHDDS	(S/C/D/H)
Percent of adult non-smokers exposed to secondhand smoke	43% (2010)	30%	ATS	(S/C/D/H)
Percent of adults with asthma who have a written asthma management plan from a doctor or health care professional	32% (2010)	40%	ACBS	(S/C/D/H)
Percent of children age 17 or younger with asthma who have a written asthma management plan from a doctor or health care professional	48% (2010)	65%	ACBS	(S)
Percent of adults with asthma who are advised to change things in their environment	32% (2010)	45%	ACBS	(S/C/D/H)
Percent of children age 17 or younger with asthma who are advised to change things in their environment	33% (2010)	50%	ACBS	(S)
SCHOOL AGE HEALTH				
Percent of kindergarteners ready for school in all five domains of healthy development	56% (2011-12)	65%	Ready Kindergarteners Survey	(S)
Percent of middle schools that require newly hired staff who teach health education to be licensed or endorsed by the State	No baseline	None	SHPPS	
Percent of students age 10-17 who have had a wellness exam in past 12 months	57% (2010-11)	65%	School Nurse Report	(S/D)
Percent of students absent due to illness or injury	No baseline	None	None	
SUBSTANCE ABUSE				
Percent of persons age 12 and older who need and do not receive alcohol treatment	7% (2008-09)	5%	NSDUH	(S)
Percent of persons age 12 and older who need and do not receive illicit drug use treatment	3% (2008-09)	2%	NSDUH	(S)
Percent of adolescents in grades 9-12 who used marijuana in the past 30 days	25% (2011)	20%	YRBS	(S/C/D/H)
Percent of adolescents age 12-17 binge drinking in the past 30 days	11% (2008-09)	10%	NSDUH	(S)
TOBACCO USE				
Percent of adults who smoke cigarettes	16% (2010)	12%	BRFSS	(S/C/D/H)
Percent of adolescents in grades 9-12 who smoke cigarettes	15% (2011)	10%	YRBS	(S/C/D/H)
Percent of adult smokers who attempted to quit smoking in the past year	62% (2010)	80%	BRFSS	(S/C/D/H)
Number of statewide laws on smoke-free indoor air to prohibit smoking in public places	8 of 17	12 of 17	STATE VT Statutes	(S)

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