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## Guidance for Individuals Who Use the OraQuick® In-Home HIV Antibody Test

To: Healthcare Providers, Hospitals, Schools, Nursing Homes, and Pharmacists  
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### – Please Distribute Widely –

As of early November, 2012, this in-vitro diagnostic home-use test for HIV-1 and HIV-2 antibodies in oral fluid has been available for purchase in Vermont pharmacies. OraSure Technologies, Inc.'s product insert includes guidance that customers who “get a positive result” should “follow-up with a doctor or healthcare provider to get a confirmatory test.”

You should expect that some people who have performed this test at home will contact their medical provider or go to a clinic or emergency room for assistance and information.

#### What to tell individuals who disclose a positive (reactive) at-home test:

- A positive (reactive) test means that confirmatory testing is indicated.
- Confirmatory testing must be performed on a sample that is sent to a lab for analysis.
- Confirmatory testing can be performed on an oral fluid or blood sample.
- A second OraQuick® test should not be used to confirm an initial positive (reactive) result.

#### What to tell individuals who want help reading the results of their at-home test:

- This test must be read within 20 to 40 minutes from when it is begun.
- It is not possible for someone to read or interpret the results over the phone.

The Health Department recommends that people get tested for HIV in the manner that best suits them. CDC guidelines suggest that people seek testing through their medical provider. HIV test request forms, test kit request forms and directions for submitting serum or oral fluid samples to the Health Department Laboratory are available at:

[http://www.healthvermont.gov/enviro/ph\\_lab/clinicallabservicesmanual.aspx#Forms](http://www.healthvermont.gov/enviro/ph_lab/clinicallabservicesmanual.aspx#Forms)

The laboratory will bill insurance directly for costs associated with providing the test kit and test processing.

People who are uncomfortable asking their medical provider for a test can access free, anonymous testing through a Health Department certified counseling, testing and referral provider. Information from the Health Department on free, anonymous HIV testing can be found at: <http://getttestedvermont.com> and at <http://11years.org>.

**For more information** – on HIV testing, prevention resources and medical services, contact the Health Department at 1-800-882-2437, weekdays, 8:00 a.m. to 4:00 p.m.