

**Vermont Alcohol and Drug Abuse
Advisory Council**

Department of Liquor Control
13 Green Mountain Drive
Montpelier, Vermont

Wednesday, August 22, 2012
10:00AM – 12:00PM

I. Welcome and Introductions

Welcome

Welcome everyone

Welcome to Mourning Fox – Newly appointed to the council by the Governor. Fox will be taking David's spot on the council.

Introductions

David O'Brien
Lauren Fisk
Chauncey Leise
Patrick Martin
Steve Waldo
Mike Hogan
Joy Mitchell
Mark Ames
Mitch Barron
Barbara Cimaglio
John Flannigan
Andy Snyder
Marcia LaPlante
Patty Baroudi
Patty McCarthy Metcalf
Mourning Fox

Regrets

Colleen Gorun
Ryan Mitofsky
Lori Augustyniak
Mark Depman
Trudee Ettlinger
Cindy Hayford

II. Approval of Minutes: June 26, 2012

June 26 Minutes – Minutes approved with the following changes:

Date Change Needed

III. Deputy Commissioner Report: Barbara Cimaglio

Program Updates – Barbara Cimaglio

Hub and spoke Update –

Rollout continues to move forward. In addition to beginning the implementation planning in the Chittenden and Rutland/Bennington regions, we have put out an RFP for Hub services in Northeast Kingdom, Southeast Vermont and Central Vermont. We had a bidder's conference last week. Those proposals are due September 17th. They are posted on the state website. The link is: <http://www.vermontbusinessregistry.com/BidPreview.aspx?BidID=9251>. There has been spoke guidance sent out to Blueprint practices inviting them to be a spoke provider. This means that if they are a practice that is serving people with opioid dependence they have an opportunity to get additional resources through the Blueprint for every 100 people that the practice is serving. The invitation to the spokes is to collaborate in their area to put a plan together for how they would support the clients, but also very few alone serve 100 people; so it is encouraging people to come together and work with their Blueprint practice facilitator to develop a plan so that they can utilize the additional resources that they will be getting for doing spoke work. The additional resources will be a nurse case manager and a clinician. If anyone has particular questions Barbara can give more information.

Bath Salts update –

We have updated the regulation banning a number of substances that are generically being called "Bath Salts", all kinds of manufactured substances that are "amphetamine like" mostly, but also some synthetic marijuana. The regulation is designed to cover a broad swath of substances. It doesn't quite cover everything so there will be one more update that we hope will stay a step ahead for into the future.

http://healthvermont.gov/adap/drugs/synthetic_drugs.aspx.

This makes these substances illegal in Vermont. There is also federal legislation. The enforcement is through local law enforcement. A number of communities have done education.

There was a lack of knowledge in stores, and what store keepers knew about what was legal and what wasn't. Still seems to be an issue. Part of the problem is that without testing these substances, there is really no way of knowing if it is one of the chemical structures that is banned. There are new compounds coming out all the time. Two new compounds for the synthetic cannabinoids - XLR11 and UR144. Lab folks are trying to craft the next language broadly to cover more formulations. In Barre, the police chief appealed to the store owners to not sell these products, and there was a press conference with the governor.

One step that people involved with prevention can take is encouraging people to talk to store owners. Another challenge is that there are a lot of these substances available for purchase online. Central Vermont Hospital made a video on YouTube designed to reach out to young people regarding bath salts. A lot of places that have sold these substances also have tobacco licenses, and because of that there is a law that they have to be trained, so this has been added to part of the training package. Part of the problem is when people come into the

ER and their Urine Drug Screen tests positive for a number of different items, making it confusing and difficult to pin point what they took.

There is an opportunity for prevention to keep the coalitions in touch. Two of the coalition members went out to a head shop, which is expected, but also to a mainstream location that sells high end wines etc. Waiting for research to get back, and hopefully the coalition is going to do some social action. We could ask Megan Trutor to poll the coalitions to find out how many are doing this.

The CAPT list serve is a great resource for dialogue. If anyone is not on that and would like to be let Lauren know. What does CAPT stand for? – National Center for the Application of Prevention Technology. They are the Department of Health and Human Services technical assistance arm to the state. They do a lot of projects for us; including managing and running this list serve at no cost. Megan Trutor is the contact person at ADAP for the CAPT List Serve. If you would like to be added to the list serve, please contact her at megan.trutor@state.vt.us.

Update on Rutland Hub Site -

Both Rutland and Chittenden are moving along. Rutland is in the process and has received approval in going forward with the Howe Center. The space is in the process of starting renovations. The target date is to open the Methadone Clinic October 1st and to become a full Hub on January 1st if the State Plan Amendment is approved. We are still going through that process with federal Medicaid CMS.

Update on the Chittenden Center –

The Chittenden Center operated by Howard which is currently located at the Fletcher Allen University Health Center will be relocating so that they can put together the Chittenden Center and the Medication Assisted Treatment program called Twin Oaks which is currently located in South Burlington. The process is still going through city approval but we are feeling very positive that they will get everything in place in order to move ahead.

What is the process for the federal block grant application?

Vermont gets about \$5 Million from the federal Health and Human Services under SAMSHA. They are in the process of making some changes in how the block grant application works. This year we have to do a report which is due October 1st and then a plan. An update to the application process won't be until the spring. The Agency of Human Services is doing their usual block grant public meeting so that anyone who has any comments on the grant can come forward. For those interested in seeing the latest block grant application, we can make that available. Karen Casper at ADAP is the person responsible for putting the content of the application together, so she could select key narratives if people wanted to see anything in particular. In a future meeting we can have an overview of what the goals and objectives are. This is not a combined application with the Department of Mental Health.

IV. Guest: Patty Baroudi – State Efforts on Pregnancy and Substance Abuse

At the Vermont Department of health there is a process called Public Health STAT which is a data driven process where divisions can look at priority areas, make recommendations about action, and work across the divisions to address those priorities. ADAP looked at the PRAMS data (a CDC Survey) which is the Pregnancy Risk Assessment Monitoring System. This is a system of surveying women after giving birth. The survey includes questions about the woman's health, alcohol use, pre-natal care etc. The data showed that 71% of women reported drinking alcohol in the 3 months prior to pregnancy, 30% reported binge drinking in those 3 months. 38% of those pregnancies were unplanned. 13% of women reported drinking

in the last 3 months of pregnancy. 24% of women reported doctors didn't give them advice to abstain from alcohol during pregnancy. Another question asked was "Did your doctor talk to you about drinking during pregnancy? Did they ask you about your use?" There was a significant impact on prevalence if advised to abstain from alcohol by a doctor. We are focusing on having Health Care Providers give the surgeon general's message – No use of alcohol during pregnancy. 1,100 women are surveyed in Vermont. It is a national survey. Not every state participates, but most states do. Through this process we were looking at messaging, and what messaging is out there. We have decided to use a campaign developed in Minnesota called Zero for Nine – Zero Alcohol for Nine Months. Minnesota Office of Fetal Alcohol Spectrum Disorder targets health care providers. We contacted them to ask if we could use their materials. Materials include posters, brochures etc. We are working with our communications office and also with Maternal Child Health Division. Minnesota is going to adapt the posters and brochure, and put our logo on the bottom along with our website. We are also going to develop a fact sheet for health care providers and distribute them through our district offices. What we are hoping to do is increase the percentage of women who are receiving advice to abstain from alcohol during pregnancy. Data shows that women who are highly educated drink more than women with less education. It is important for physicians to know all of this data. Currently physicians may ask a women about drinking, but they may not say "don't drink" which is what the message needs to be. Health care providers can be very influential if the message is consistent. Visuals are also very powerful. The posters that Minnesota is creating for us could be hung in medical offices and recovery centers. There is a group at UVM that are putting together a series of webinars for the medical community specifically on FASD.

V. New Business

Input on the Dissolution of the VT Drug and Alcohol Coalition (VDAC) – Patty McCarthy Metcalf

The Vermont Drug and Alcohol Coalition exist to continually improve the services for prevention, intervention, treatment, enforcement and recovery in Vermont. The main focus of the group is to appropriately represent the continuum of services in a unified way. This is the only group that has had representation from 5 groups including enforcement. We have recently surveyed the members of this group and asked if they feel there is a need to continue meetings. Although the cause and mission of VDAC is supported, there is just not enough energy or resources. At this point, we don't know what the best way is to dissolve this group. The group is looking for feedback as to whether VDAC should look into partnering with other groups, or dissolve the group. The last decision made was that the group would do two events a year, one major training and an awareness day. The group would stop monthly meetings and focus solely on those two events. There was an announcement put out to the list serve saying that on Monday August 27th there would be an hour long discussion to gather input and decide how to proceed. If you have any thoughts email Patty McCarthy Metcalf.

Input –

Looking at the direction that originally came from Tom Paris about people coming together, there has been a lot of progress made. But people in the State House hear a lot of disparate voices. We still struggle around the goal of having a focus on alcohol and drug abuse policy issues that affect the state as a whole. There is a lot of individual advocacy done around various programs/issues. Bath Salts is a good example where people come together and work on the issue. Its not about prevention or treatment, it is an issue for substance abuse. There is still a need for this group, but the challenge is how best to structure it. ADAP is still

interested in supporting the work if there is a way to envision it. VDAC has been a voice for substance abuse issues.

Passing on the “Baton” – David’s Last Meeting

Presentation of David’s Plaque

Next Steps –

Barbara has spoken with the governor’s office and with Doug Racine who nominally is the Chair of this council. She explained the history of the council and how it is operated to Suzanne Spaulding and to Doug Racine. They both felt that rather than having the State convene the council, that the group by its actions is saying that we want to pick someone who really wants to do this work and is willing to step up. We want to change the statute this session to allow the council to select a Chair. In the interim, we are facing a situation where we have a few more meetings before we make any legislative changes. Is there anyone willing to step up in the short term to facilitate meetings? Patty McCarthy Metcalf volunteered. We will discuss at next meeting, how we want to put the words in the statute. If this council is changing its nature, and the Drug and Alcohol Council is looking at dissolving, could they become one? Discussion on agenda for next meeting. Current wording of the Statute - <http://www.leg.state.vt.us/statutes/fullsection.cfm?Title=33&Chapter=007&Section=00703>

Setting Next Years Meeting Dates –

4th Wednesday of every month. Same time and location. Add dates to Agenda.

VI. Old Business

Strategic Prevention Enhancement Grant: Update

Marcia -

The Council approved some strategic actions. Since then they have been reviewed by Barbara and the Management Team at ADAP. They were tweaked a little bit but nothing that changed spirit. Marcia will send a copy to the Council members and all of the stakeholders that participated in the development. Regarding the grant, we were eligible and did apply for a no cost extension. We hope to hear about that soon. In addition we used strategic actions to help us craft Vermont’s application for the next version of strategic prevention framework state incentive grant “Son of SPF”.

Filling Vacant Council Positions: Replacing Sarah Scrodin, Lisa Atwood - Administrator

We have had 2 positions filled recently. Dr. Mark Depman and Mourning Fox. Mourning Fox is the Director of Behavioral Health for Lamoille County Mental Health and is filling the Mental Health position on the Council.

We still have two vacancies. One is for the School Administrator, and the other is for the Teacher. Barbara has followed up on a few suggestions made by council members.

The teacher and administrator need to be licensed/certified.

VI. Member Reports/Announcements

Joy Mitchell–

There is a workshop coming up on Oct. 5th with the National Association of Social Workers in Vermont. Inviting the Social Worker who wrote the book Behind the Eight Ball, A Recovery Guide for Families with Gamblers. The Workshop will be held at VTC in Randolph. VTC in Randolph. NESW distributed advertisement.

Barbara Cimaglio–

Valley Vista annual conference is being held October 4th and 5th.

Patty McCarthy Metcalf –

September 26th Community Listening Forum on Health Care Reform at the Elks Club in Montpelier. (See Handout).

Steve Waldo –

Steve, Kelly LaMonda, Chief Edwards from Dover PD went to DC to talk about enforcing underage drinking. There is enough money to continue our law enforcement efforts through next summer, but then it is gone. Spent most of the time talking about how all states are in the same boat, what are we going to do? We are not going to disband. We are trying to set up a network of states to help each other, and can go on a list serve to access information on what is going on in other states.

Fake ID's –

Working very hard with state of the art fake ID's coming out of China. They are so good that people who are on the no fly list can get an ID to get them on the plane. As a result, there has been some pressure put on congress. Congress contacted the Chinese embassy and got the website shut down. It is estimated that they have been in business for 5 years and making in excess of 40 Million dollars. The quality of these ID's is so good that in many cases, law enforcement couldn't tell if they were real or fake. Law enforcement is doing trainings around how to tell if these ID's are fake.

Marcia LaPlante –

October 9th – VDH is hosting a College Symposium on High Risk Drinking for Vermont Colleges and Universities. Patty Baroudi is point person. The focus on this is two issues – Community wide campus partnerships and engaging college students in prevention. The symposium will be held at Norwich University. Patty will make sure this group is on the list to receive the flyer.