

**Vermont Alcohol and Drug Abuse
Advisory Council**

Department of Liquor Control
13 Green Mountain Drive
Montpelier, Vermont

Wednesday, January 22, 2014
10:00AM – 12:00PM

I. Welcome and Introductions

Welcome

Welcome everyone

Introductions

Rebecca Fenn
Rita Johnson
Joy Mitchell
Jennifer Wall-Howard
Patrick Martin
Mitch Barron
Mark Weikert
Andy Snyder
Steve Waldo
Mourning Fox
Matthew Birmingham
Todd Bauman
Marcia LaPlante
Shayla Livingston

Regrets

Barbara Cimaglio
Chauncey Liese
Mark Depman
Willa Farrell
Mark Ames
Lori Augustyniak
John Gramuglia
Marcus Hass
Greg Nagurney
Mike Hogan

II. Approval of Minutes: December 4th, 2013

December 4th – Approved with the following changes:

Doug Racine Update: worth noting that flexible hours means flexible on behalf of the employer and that it is hard to get a full time job with benefits. This has an effect on child care etc.

III. AHS/VDH Division of Alcohol and Drug Abuse Report and Program Updates

Legislative Reports: several reports are posted on the legislature council site including:

Overview on the VT system of opiate treatment ([Act 75 15a](#))

Increasing access to opioid treatment ([Act 75 14b](#))

School based mental health and substance abuse services ([6 of Act 68](#))

House committee on human services is taking testimony today on alcohol and drug treatment workforce, the Partnership for Success grant (SAMHSA prevention grant), and SBIRT grant.

Overview of Dept of Health budget (see attached handout)

Chart #1: Proposed \$8 Million budget increase for FY15 including proposed budget adjustment for FY14 on cost for delivery of Medication Assisted Treatment (MAT) in the hubs.

Chart #2: Onetime \$200,000 increase proposed FY14 budget adjustment to accelerate access to MAT in the hubs. Chittenden Clinic will receive \$100,000; other hubs will split the remaining \$100,000. This amount is defensible before the legislature.

Chart #3: Proposed a budget amendment for FY14 and an increase for FY15 for recovery services

Also FY15 (taken from the State of the State address, not confirmed)

- Increase of \$650,000 for SAMH treatment services for Reach Up Recipients
- \$760,000 to allow courts to do pre-sentencing assessments
- Support for Kingdom County Productions to continue touring the Hungry Heart to High Schools in Vermont.
- Statewide forum focus will be on engaging communities in working together across the continuum of prevention treatment, recovery, and law enforcement. A planning committee will be put together. A representative from VADAAC will sit on this council.

Partnership for Success Grant: pull together a regional effort to address prevention. Many agencies are utilizing these grants.

SBIRT Grant: is taking longer than anticipated to work through the system but progress is being made. Anticipate that the screenings will start in February at CVMC, Plainfield Health Center, and the Community Health Center of Burlington. Target population is 95,000 adult (18+) Vermonters.

Act 68 Report: ADAP participated with a large group who developed this report and it was vetted by the secretary. Recommendation to include a focus on general population of young people in schools to promote mental health as early as possible, and focus on getting the best screening and early intervention as soon as possible. It will include a section on local spending on behavioral health services by special educators. It is difficult to get information through this process and AHS/AOE has recommended work on a formal MOU for data sharing. Need to work out privacy concerns before this can happen.

- AOE received a four year \$37 million dollar grant (DCF is the lead). Consider inviting DCF to future council to discuss this grant.
- Floodbrook has proposed adding a mental health specialist and behaviorist in the budget for next year.
- ADAP has a grant for adolescent treatment enhancement

IV. Shayla Livingston: YRBS Results

YRBS happens every two years and every public high school and middle school in the state of VT participates. Students were surveyed in Feb 2013 and data was released in December 2013. Methodology changed to compare local reports to the state wide reports. Almost 40,000 students were surveyed (22,525 high school student). The full report is available) on line (link is in handout) including the actual survey. The results also show graphs, maps, and trends.

Highlights pertaining to substance abuse:

High School

- Alcohol measures are all decreasing steadily over time (this is good)
- The number of kids who think alcohol use is harmful or wrong is increasing (this is good). The percent who think their parents would think drinking is wrong has stayed the same.
- Tobacco use is decreasing steadily over time
- Marijuana measures are not changing. Fewer kids think it is harmful or wrong to use marijuana. This measure is going in the wrong direction. When perception decreases, you are likely to see an increase in prevalence.
- Overall prescription drug misuse (stimulant and prescription pain killer) has not changed statistically over time. Stimulant misuse is completely flat. There is no change but it is a persistent issue among kids.
- The number of kids using pain killers is decreasing. The kids using pain killers are also likely using stimulants
- Heroin use is not increasing although 500 kids have reported using heroin. Again the prevalence has not changed.
- Students that have ever used inhalants has decreased
- In Vermont, twice as many teens drive after smoking marijuana than after drinking

Middle School

- Alcohol use is going down. The number of students binge drinking is very low. Past 30 day use is a little high but it is going down. The perception of harm of binge drinking has decreased (this is going in the wrong direction).

- Marijuana use is staying the same, but the number of students reporting use is low.

NSDA (federal) is a similar survey of people 12 and up. Vermont's latest report is on line for 2011 and 2012. These trends are very similar to the YRBS trends. Unfortunately the numbers are not specifically comparable because the age groups are different.

V. Steve Waldo: S.306 (<http://www.leg.state.vt.us/docs/2014/bills/Intro/S-306.pdf>) proposed marijuana legislation

Proposed legislation for decriminalization of marijuana: It is important to take a proactive stance on this. This is happening faster than we expected because of the potential taxation benefit. Colorado had \$1 million in sales on the first day. In addition, this is cash only business (banks cannot accept any of this money) and as a result this can increase criminal activity.

- The law moves to allow 2 ounces of marijuana (about 60 marijuana joints).
- If this legislation passes, DLC would have to start issuing marijuana retail licenses by next January; however there are no regulations in place yet to guide this.
- DLC will have to educate sellers on how to properly sell marijuana and do compliance checks. Again, no regulations in place to guide this.
- Marijuana can be grown in a house, how can this get regulated?

VPS is currently doing a bill review and it is unlikely the commissioner will support this. They are in communication with Colorado and Washington and there are many issues with this bill from a law enforcement standpoint.

VDH has developed 5 key messages that are currently being vetted by the commissioner and these will get shared with the council.

Prevention Works has also been compiling some statements.

How do we take a proactive stance?

VADAAC can take a position on this, if there is a shared position among the council. Secretary Racine encouraged this council to meet in September to make recommendations on items like this as the budget is being crafted.

Mitch will update Laurie on this communication and see if she is willing to help draft a position statement. Please send any bullet points to Mitch Barron. This will get reviewed at the next meeting.

VI. Member Reports/Announcements

Steve Waldo:

- A bill has been introduced to allow licensing of libraries.
- A new bill was introduced that would allow a bar to serve four drinks at a time to an individual (up from two drinks at a time).

Andy Snyder

- Rebecca Holcomb is the new Secretary of Education. She should be considered a future VADAAC Council guest.

Mark Weikert

- There is a group of people with Traumatic Brain Injuries that travel around educating about the importance of wearing helmets. Information provided to council members and can be found here: <http://vimeo.com/77008826>

Patrick Martin

- Patrick has retired and has been assigned to the prevention treatment subcommittee for Rutland's Vision Project.

Rita Johnson

- Recovery Day is March 21st at the State House. Dan Osman, Director of Camp Programs should be considered a future guest before the April 1st application deadline. (www.campdaybreak.org, www.campthorpe.org)
- Integrated recovery project has been launched. There are cohort programs, and an innovative self-care and relapse prevention follow up training program for VT Peer Leaders. Another cohort will be starting in July.

Todd Bauman

- Bernie Sanders visited Franklin county meeting with local high schools, the home health agency, and an early childhood program. They did a panel presentation on the "Learning Together" program for young mothers.

VII. Future Guests

JoEllen Tarallo Falk – Suicide Prevention U Matter

Patty Baroudi – College Initiative

Charlie Biss – Children's Mental Health

Karen Gennette – Drug Court (update on DWI Court)

Rebecca Holcomb – Secretary of the Agency of Education

Dan Osmond – Friends of Recovery (discuss camp)

NEXT MEETING: February 26th