

Inhalant Abuse Prevention: Key Resources

- **Massachusetts Department of Public Health Inhalant Abuse Task Force Youth-Serving Professionals packet** (adults only), and an inhalant prevention brochure (youth audience). Available by calling 617-624-5143 or e-mailing questions.bsas@state.ma.us. Many of the handouts are available at <http://www.state.ma.us/dph/inhalant/> but have been modified to remove the names of products, how they may be abused, and their euphoric effects.
- **Virginia Inhalant Prevention Resource Guide**, K-12. This is a state of the art inhalant prevention curriculum guide that includes lessons and background material. Developed by Isabel Burk, Director, The Health Network (845-638-3569) for the Virginia Department of Education. May be downloaded from <http://www.healthnetwork.org/>. In the public domain.
- **“Danger! Toxic Chemicals”** This is an inhalant prevention video targeted for students in grades five to nine. The video explains the dangers of inhalants and models refusal skills. It does not show what products are being abused or how to abuse them. Highly recommended because it uses the approach that inhalants are not really drugs, but are poisons, toxins, and pollutants. Publisher: Hazelden Foundation. Video, VHS format, 14 minutes; 1-800-328-9000; Item 4063. \$203.00
- **National Inhalant and Poison Awareness Week Local Coordinator’s Kit**, National Inhalant Abuse Coalition. This kit contains everything a school, community agency, or state program needs to conduct a community awareness campaign. It has complete guidelines for coordinators, news releases, and fact sheets, PSA scripts, camera ready art and suggestions for special events and more. Harvey Weiss, Executive Director. 1-800-269-4237. Very informative website: www.inhalants.org (but not edited for children).
- **“NIDA Research Report: Inhalant Abuse.”** Published by the National Institute on Drug Abuse. This is a good overview of the inhalant problem. It is suitable for parents and as an introduction to the issue for professionals. Revised 2004. At <http://www.nida.nih.gov/ResearchReports/Inhalants/Inhalants.html>. This may be downloaded and copied or ordered (NIH Publication No. 00-3818) from NCADI 1-800-729-6686.

New England Inhalant Abuse Prevention Coalition

A Project of the New England Institute of Addiction Studies

Funded by the Center for Substance Abuse Prevention

800.419.8398

- **“CSAT Substance Abuse Treatment Advisory, Volume 3, Issue 1: Inhalants.”** Revised 2004. This newsletter gives current information and statistics on inhalants, such as what they are, how they're used, who is using them, why they're popular, what they do to the body, and what their long-term effects are. Also discussed is the addictiveness of inhalants and how inhalant users receive treatment. Additional resources are listed. Bibliography. This may be ordered (NIH publication no: 00-3818; NCADI no: MS922 at NCADI) or downloaded at <http://store.health.org/catalog/productDetails.aspx?ProductID=16506> .
- **Massachusetts Public Fire and Safety Education Curriculum Planning Guide–book** (Revision forthcoming) For more information, contact Jennifer Mieth, MA State Fire Marshall's Office 978-567-3381.
- **Web-based classes** for parents and a web-based class for youth-serving professionals, New England Inhalant Abuse Prevention Coalition. (Forthcoming).
- **For questions** about inhalant abuse, contact the New England Inhalant Abuse Prevention Coalition at 1-800-419-8398 or information@inhalantprevention.org.

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