

STRATEGY	NURTURING PARENTING PROGRAM
Goal	Reduce underage and binge drinking among persons aged 12 to 20, Reduce marijuana use among persons aged 12 to 25 AND Reduce prescription drug misuse among persons aged 12 to 25
Evidence based?	Yes
IOM Category	Universal Direct
CSAP Strategy type	Education

KEY ACTIVITIES:

Description of key activities (fidelity steps) that will be completed to fully implement the strategy

1. Identify program facilitator(s) (can be done with one, but two is preferable). Ideally facilitators have experience running groups, teaching parenting education or counseling.
2. Facilitators are trained by a Prevent Child Abuse Vermont Family (PCAV) Support Coordinator. This training includes how to implement the Nurturing Parenting Programs, mandated reporting of child abuse, team building, and group dynamics.
3. Identify which of the Nurturing Parenting Programs meets the needs of your target population (there are a total of 12 different curricula used in VT to meet differing needs – contact PCAV for information on the twelve curricula.
4. All group facilitators receive training from a licensed or certified s/a clinician or a trained PCAV Family Support Program Coordinator on the impact of substance abuse on the family, signs and symptoms of s/a, and ways of intervening.
5. Choose dates, site and time for program sessions.
6. Develop a publicity strategy.
7. Distribute publicity to recruit participants.
8. Register participants– aim for 12-16.
9. Secure childcare, transportation, incentives and/or scholarships as needed to reduce barriers to participation. Note: Incentives cannot exceed a value of \$30 per participant.
10. Prepare materials needed for start of the program.
11. Conduct pre-test using supplemental substance abuse prevention questions at first session and collect demographic data from each participant anonymously as needed for NOMs reporting. Demographic data collection form can be found here:
<http://healthvermont.gov/adap/grantees/documents/RPPNOMSDataCollectionForm.pdf>
12. Conduct all required sessions as specified by Facilitator Manual, including supplemental content on substance abuse prevention provided by PCAV.
13. Ask participants to complete program evaluation, including supplemental substance abuse prevention questions, at last session.
14. Analyze pre and post results and develop summary report to share with stakeholders. Email summary to ADAP, Justin.Barton-Caplin@vermont.gov.

Additional indicators to be reported to ADAP:

- a. Please indicate the total number of **new** individuals reached by this intervention during the past quarter. If no **new** individuals were reached by this intervention during the past quarter, please enter 0.

- b. Please indicate the total number of **new** individuals reached by this intervention during the past quarter in each gender category (total must equal response in a.)
Female
Male
Transgender
Other
Unknown
- c. Please indicate the total number of **new** individuals reached by this intervention during the past quarter in each age category (total must equal response in a.)
0-11
12-17
18-20
21-25
26 and older
Age unknown
- d. Please indicate the total number of **new** individuals reached by this intervention during the past quarter in each racial category (total must equal response in a.)
American Indian or Alaska Native
Black or African American
White
Asian
Native Hawaiian or Other Pacific Islander
Multiracial (more than one race)
Race unknown
- e. Please indicate the total number of **new** individuals reached by this intervention during the past quarter in each ethnicity category (total must equal response in a.)
Hispanic, Latino/a or of Spanish origin
Non-Hispanic, Latino/a, or Spanish origin
Hispanic ethnicity unknown
- f. Please indicate the total number of **new** individuals reached by this intervention during the past quarter by military status (total must equal response in a.)
Currently serving in Armed Forces
Currently serving in Reserves
Currently serving in National Guard
Served in past, but not currently serving in Armed Forces, Reserves or National Guard
Never served in Armed Forces, Reserves or National Guard
Military status unknown
- g. Please indicate the total number of **new** individuals reached by this intervention during the past quarter by military family status (total must equal response in a.)
Family member currently serving
Family member served in the past
No family member has ever served
Military family status unknown

Source:

PCAV Website